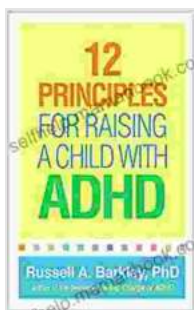


12 Principles for Raising a Child with ADHD, 1st Edition: A Comprehensive Guide for Parents

Attention Deficit Hyperactivity Disorder (ADHD) is a neurodevelopmental disorder that affects millions of children worldwide. It can cause a range of symptoms, including difficulty paying attention, hyperactivity, and impulsivity.

Raising a child with ADHD can be challenging, but it is also possible to create a happy and fulfilling life for your child. This book provides parents with 12 principles for raising a child with ADHD, covering everything from diagnosis and treatment to behavior management and emotional support.

The 12 principles for raising a child with ADHD are:



12 Principles for Raising a Child with ADHD 1st Edition

by Russell A. Barkley

★★★★☆ 4.7 out of 5

Language : English

File size : 2695 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 423 pages

Lending : Enabled

FREE

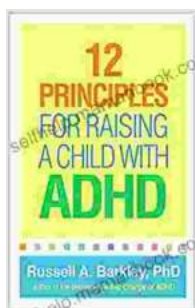
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1. **Be informed.** Learn as much as you can about ADHD, its symptoms, and its treatment options.
2. **Be positive.** Focus on your child's strengths and abilities, rather than their challenges.
3. **Be patient.** Raising a child with ADHD takes time and patience. Don't expect to see results overnight.
4. **Be consistent.** Set clear rules and expectations, and stick to them.
5. **Be firm.** Don't be afraid to discipline your child, but do so in a fair and consistent manner.
6. **Be supportive.** Let your child know that you love and support them, no matter what.
7. **Be realistic.** Don't expect your child to be perfect. Everyone makes mistakes.
8. **Be flexible.** Be willing to adjust your parenting strategies as your child grows and changes.
9. **Be hopeful.** With the right support and treatment, children with ADHD can live happy and fulfilling lives.
10. **Be an advocate.** Speak up for your child's rights, and make sure they get the services they need.
11. **Be a team player.** Work with your child's teachers, therapists, and other professionals to provide the best possible care for your child.
12. **Be yourself.** Don't try to be someone you're not. Your child needs you to be their parent, not their perfect friend.

Raising a child with ADHD can be challenging, but it is also a rewarding experience. By following these 12 principles, you can help your child reach their full potential and live a happy and fulfilling life.

Dr. Russell Barkley is a clinical psychologist and professor of psychiatry at the Medical University of South Carolina. He is a leading expert on ADHD and has written numerous books and articles on the disorder. Dr. Barkley is also the founder of the ADHD Institute, a nonprofit organization that provides information and support to families affected by ADHD.



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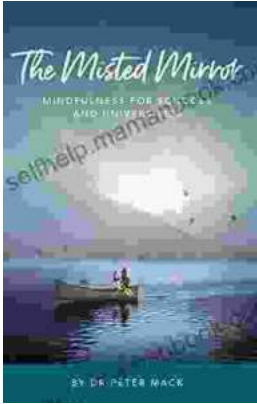
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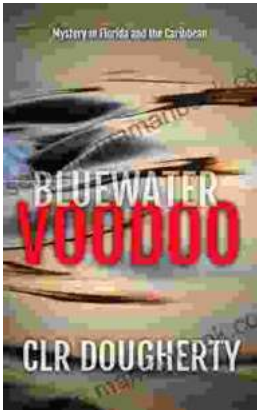
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