

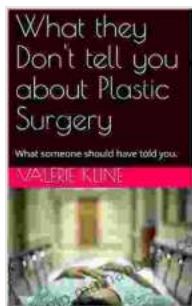
What They Don't Tell You About Plastic Surgery: A Comprehensive Guide to the Risks and Rewards

Plastic surgery is a rapidly growing industry, with millions of procedures performed each year. While plastic surgery can help people achieve their desired appearance, it is important to be aware of the potential risks and complications involved.

In this article, we will discuss the following topics:

- The different types of plastic surgery
- The risks and complications associated with plastic surgery
- How to choose a qualified plastic surgeon
- What to expect before, during, and after surgery
- How to minimize the risks of plastic surgery

There are two main types of plastic surgery: reconstructive and aesthetic.



What they Don't tell you about Plastic Surgery: What someone should have told you. by Erin Carpenter

★★★★☆ 4 out of 5

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- **Reconstructive plastic surgery** is performed to correct defects that are caused by birth defects, accidents, or disease. This type of surgery can improve function and appearance.
- **Aesthetic plastic surgery** is performed to improve the appearance of a person's body or face. This type of surgery can include procedures such as breast augmentation, liposuction, and rhinoplasty.

All surgery carries some risk of complications. However, the risks of plastic surgery are generally low, especially when the surgery is performed by a qualified plastic surgeon.

Some of the most common risks and complications of plastic surgery include:

- Infection
- Bleeding
- Scarring
- Nerve damage
- Blood clots
- Allergic reactions
- Dissatisfaction with the results

The risks of plastic surgery can vary depending on the type of surgery and the individual patient's health. It is important to discuss the risks and benefits of plastic surgery with your doctor before making a decision about whether or not to have surgery.

When choosing a plastic surgeon, it is important to do your research and find a surgeon who is experienced, qualified, and has a good reputation.

Here are some tips for choosing a qualified plastic surgeon:

- Ask for referrals from your friends, family, or doctor.
- Check the surgeon's credentials and experience.
- Make sure the surgeon is board certified by the American Board of Plastic Surgery.
- Look for a surgeon who has a good reputation and who is well-respected by other plastic surgeons.
- Schedule a consultation with the surgeon to discuss your goals and expectativas.

Before plastic surgery, you will need to undergo a thorough medical evaluation to make sure that you are healthy enough to have surgery. You will also need to sign a consent form that outlines the risks and benefits of surgery.

During surgery, you will be placed under general anesthesia or local anesthesia. The type of anesthesia used will depend on the type of surgery being performed.

After surgery, you will be monitored closely for any complications. You will also be given instructions on how to care for your surgical wounds.

The recovery time from plastic surgery will vary depending on the type of surgery performed. However, most people can expect to return to their normal activities within a few weeks.

There are a number of things you can do to minimize the risks of plastic surgery, including:

- Choosing a qualified plastic surgeon
- Following your doctor's instructions before, during, and after surgery
- Taking good care of your surgical wounds
- Avoiding smoking and alcohol
- Eating a healthy diet
- Exercising regularly

By following these tips, you can help to ensure that your plastic surgery experience is a safe and successful one.

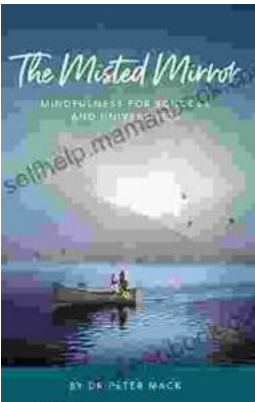
Plastic surgery can be a life-changing experience. However, it is important to be aware of the potential risks and complications involved. By choosing a qualified plastic surgeon and following your doctor's instructions, you can help to minimize the risks of surgery and achieve your desired results.

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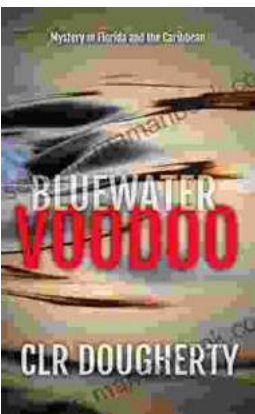


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